



GROUP SWIMMING LESSONS

FEBRUARY 18 - MARCH 26, 2020 (6 WEEKS)

Edgewater Indoor Pool

\$90.00 PER CHILD 10% discount will be given for each additional sibling
3 years and older • Tuesdays & Thursdays

Payment must be made in order to register for the session **NO LATER** than February 12, 2020
To sign up, please contact Jen Neal at jennifer.neal@resortquest.com

Instructor: Johanne Danver

Advanced Beginner/Intro to Intermediate • 4:00-4:30 p.m. • Child will put their face in the water and can swim 10 feet without flotation devices. Child starting to swim on own, breathe and continue.

Intermediate • 4:30-5 p.m. • Child can swim on own, breathe and continue to swim and may be able to swim a length of the pool. They will be introduced to all four competitive strokes. (Freestyle, backstroke, breaststroke and butterfly.)

Sandsharks • 5:00-5:30 p.m. • Participants are continuing to learn to swim from a competitive perspective and have already completed the beginner and intermediate levels. Typically children may range between ages 4-8 years and must be comfortable in the water and able to swim independently, breath on side and continue to swim. Child may be capable of swimming 25 yards freestyle and back stroke or demonstrate that he or she will be capable of doing so after a short amount of swim instruction. Focus will be on learning the proper fundamentals and techniques of the four competitive strokes (Freestyle, backstroke, breaststroke and butterfly.), as well as starts and turns. The instructor will work on preparing the future participants for the sharks swim team or continue to participate in the Sand Shark program.

Instructor: Patricia Holleran

Beginner • 4:30-5:00 p.m. • Child does not swim or put their face in the water.

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Advanced Beginner • 5:30-6:00 p.m. • Child will put their face in the water and take a few strokes without flotation devices.